



Cynthia V Mitchell

THE TIME GIFTER

"Cynthia has impressed me with her take on entrepreneurship---help others first and you will be rewarded endlessly. That's how she lives her life and inspires others to do the same. She was rewarded for that spirit with a state award from the U.S. Small Business Administration in 2008....just great evidence of Cynthia's knowledge and ability to succeed.

Thanks Cynthia---you are a blessing."

-Suzanne M. Specht, MBA,
Assistant Director
Small Business Development
Center
FGCU, Lugert Center of
Business

Cynthia Mitchell delivers thought-provoking messages of hope and encouragement, and her mission is to help people understand that there is nothing as important as a life well lived.

Known as **"The Time Gifter"**, Cynthia is constantly blazing a trail by creating an environment that sparks a vitality in and around her. Incorporating spiritual principles and a lifetime of wisdom and intuition, she guides audiences to discover what is really important to them so that they don't wait to leave a legacy: they start living their legacy now.

Cynthia believes that wealth and health are the results of the daily choices we make. When freedom is achieved in both areas, it becomes easy to make time for what matters.



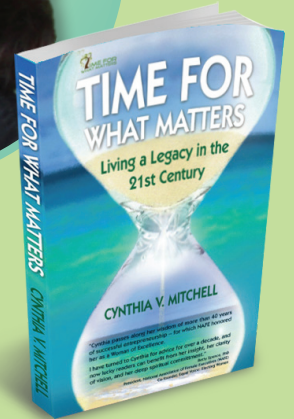
The owner of four financially successful businesses, Cynthia knows that to achieve professional sustainability and longevity, appreciation and gratitude for everything life has to offer is key. Her Prosperity Code™ shows others how to create a customized prosperity map that they will be able to depend on, and that will bring them peace of mind and joy of heart.

Cynthia V. Mitchell, M.Ed
BUSINESS MENTOR, AUTHOR, PROFESSIONAL SPEAKER,
SPIRITUAL GUIDE, ENTREPRENEUR

For further information on booking Cynthia or to learn more about her, please visit her website at www.cynthiavmitchell.com or email her at Cynthia@timeforwhatmatters.com.



Cynthia is a much sought after speaker and is the author of **Time for What Matters: Living A Legacy in the 21st Century**. She is also the creator of and trainer for several workshops, including Time to P.R.O.S.P.E.R YOU, Legacy Leadership –Creating a Legacy Plan B for Boomers in Transition and P.R.O.S.P.E.R. – Preparing for Retirement by Optimizing Spiritual principles, Prevention of Disease, Environmental Awareness and Residual Income. Below is a list of her presentation topics.



Living Your Legacy Now:

Why You Don't Want to Wait to "Leave" One
Cynthia speaks on the importance of a legacy that is lived, rather than an expectation of leaving something after one dies. Audiences will walk away with insights about how they can achieve financial freedom and create time in their schedules to do what they want to do while they're still able to do it.

Taking Time for What Matters

One of her most popular speaking topics, Cynthia delivers a powerful and heart felt message on why understanding what really matters to each person is the key to living life by design. Incorporating her professional experience of owning health care centers, as well as her personal experience of caring for her father during his final decline because of Alzheimer's, audiences will understand the lasting impact that taking time for what matters ultimately delivers.

Living Prosperously

Delving into business principles, spiritual insights, and elements of health and well-being, Cynthia speaks to her proprietary acronym for what it means to P.R.O.S.P.E.R. Audiences will learn how they can prepare for retirement, tap into their spiritual power, and make every-day lifestyle choices that will keep them healthy and aware of their potentialities.

"Cynthia passes along her wisdom of more than 40 years of successful entrepreneurship -- for which NAFE honored her as a Woman of Excellence. "I have turned to Cynthia for advice for over a decade, and now lucky readers can benefit from her insight, her clarity of vision, and her deep spiritual commitment."

Betty Spence, PhD
President, National Association of Female Executives (NAFE)
Co-founder, Equal Voice: Electing Women

cynthia@CynthiaVMitchell.com

239.269.2852

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